

What size do you take

To help with correct measurements when ordering by phone or mail, follow these hints:

Chest:

Measure just under the arms and across the shoulder blades, making sure the tape is level.

Waist:

Measure around the waist and over your shirt. (Where you normally wear similar articles)

Inside Leg:

The easiest way is to use a pair of old trousers which fit you well. Lay them flat and then measure from the lowest part of the crotch to the bottom of the trouser leg along the inside seam.

Neck:

Use the collar of a shirt which fits you well. lay the collar flat and measure from the centre of the collar button to the far end of the button hole.

Sleeve Length:

Measure from the spine, across the shoulder and down the outside arm to your wrist.